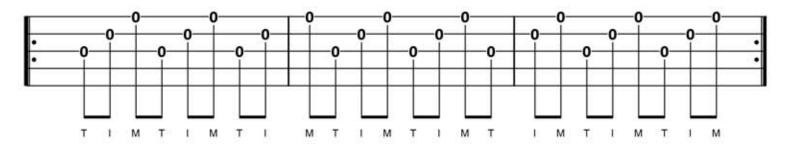
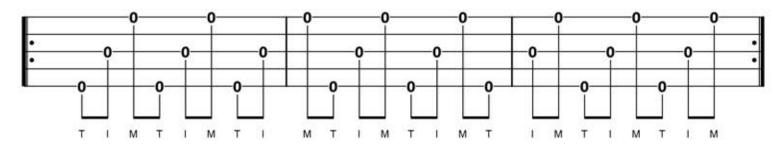
1 - Full Forward Roll

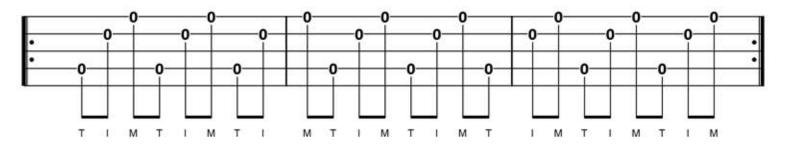
Ex 1 - Strings 3, 2, & 1:



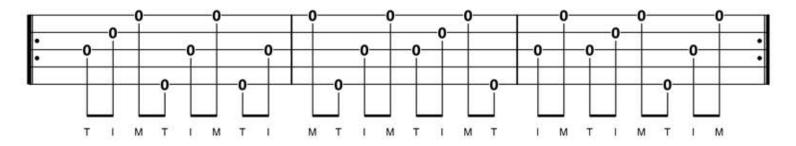
Ex 2 - Strings 5, 3, & 1:



Ex 3 - Strings 4, 2, & 1:



Ex 4 - Mixing the Strings:



Because the Full Forward Roll is 3 notes over a 4 beat rhythm, it does not fit perfectly in one measure. It takes 3 measures for it to "square up" and start back over. The next category of Forward Roll, the "Fitted Forward Roll" fixes this problem by leaving out a note of the Forward Roll. This "hitch" allows the roll to be fit into one measure of music.